

Winter 2015

# NEWS

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## A MESSAGE FROM THE PRESIDENT

Fellow Members:

In December we had a great turnout for our Quarterly Meeting, hosted by Mulcahy. I would like to extend our thanks to Steve Norberg and the staff at Mulcahy for putting together some great information for us, as well as an interesting tour and outstanding lunch. It is through the support of our business members that we can continue to provide valuable networking and educational opportunities.

Please be sure to take advantage of our March Quarterly Meeting, which will be held by another great partner, Inspec. More details are included in this newsletter. We are always looking for new suggestions for Quarterly meetings, so if please feel free to contact either myself or Jim Nieswaag, our Education Committee Chair, if you have any ideas. I hope to see you all in March!

Best Regards,

Kerry Bacon  
President

## Upcoming Dates to Remember

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### March Quarterly Meeting

March 17, 2015 Golden Valley Country Club, Golden Valley

### June Quarterly Meeting and Dollars for Scholars Golf Classics

June 10, 2015 Majestic Oaks Golf Club, Ham Lake

### Annual Conference and Trade Show

September 9-11, 2015 Breezy Point Resort

## Quarterly Meeting Update – Next Meeting March 17

The next MnCEG Quarterly Meeting will be held on March 17, 2015, at the Golden Valley Country Club, 7001 Golden Valley Road, Golden Valley, MN. This meeting is being held in conjunction with the Inspec annual seminar; Inspec is offering MnCEG Members free admission to this event (\$40 value). Registration starts at 7:15am, with the program starting at 8:15am. The seminar will conclude at 12:15pm with a lunch to follow.

The theme of the seminar is "Best Practices for Maintaining Your Building Exteriors." This seminar will educate you about the best practices for maintaining your roofs, exterior walls, windows, waterproofing, and pavements. You will learn what to look for, common defects, and recommendations for properly maintaining or repairing those problems. Our thanks to Inspec for opening this seminar up to all Guild members!

**IMPORTANT!** MnCEG Members must pre-register through the MnCEG web site by March 9 in order to receive this seminar at no cost--we will then submit our list of attendees to Inspec. If you have already registered....thanks! If you need to still register, and for a complete seminar brochure, go to our [web site](#).

The final quarterly meeting of the year will be held on June 10 at Majestic Oaks—in the morning prior to the annual "Dollars for Scholars" Golf Tournament. Watch for email announcement of upcoming events, or go to our web site for more information.

We greatly appreciate the sponsorship of our quarterly meetings. Thanks to Inspec for sponsoring the March meeting, and to Mulcahy who sponsored our meeting in December.



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## *We're Going Back to Breezy!*

*After holding the annual conference and trade show in St. Cloud for the last few years, the MnCEG Board has decided that in 2015 we will return to Breezy Point. This move is in response to feedback received from members, who wanted the*

*conference to return to a resort setting, and we hope will further grow conference attendance. Look for more details in our spring newsletter.....registration for attendees and exhibitors will open in early summer.*



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## Call for Presentations 2015 Conference

Presentation proposals for the 2015 MnCEG Annual Conference are now being accepted.

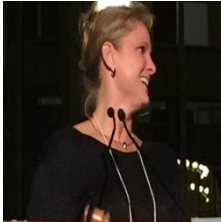
The conference is scheduled for September 9-11 at Breezy Point Resort. The Wednesday schedule will include a keynote speaker and numerous technical educational sessions. The Thursday schedule will feature agency breakouts, and the trade show, and the conference will conclude on Friday after another round of sessions in the morning.

We are looking for proposals for presentations in all areas. Presentations should be 55 minutes in length, and be of an educational (and not promotional) nature. Please submit all proposals to Jim Nieswaag, MnCEG Education Committee, [Jim.Nieswaag@anokaramsey.edu](mailto:Jim.Nieswaag@anokaramsey.edu). Include your name, organization, presentation title and a brief summary. Proposals must be received by March 3, 2015. If you have already submitted a proposal.....thank you! If not, we would appreciate your presentation ideas.

We greatly appreciate the participation of members who present, and thank them in advance for their service to the organization and fellow MnCEG members!



# Congratulations Lori!



Lori Bauer, president of Climate Makers, Inc., has been installed as the president of MMCA (Minnesota Mechanical Contractors Association) for the year 2015. Duties of the seat include labor negotiations with trade unions and maintaining the standards of the industry.

Lori has been a dedicated volunteer and friend to the Guild for many years, where she has helped with scholarship events, served as a presenter, participated in committees, and assisted at the annual conference. Best wishes to her in this new role!

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## Boost Your Productivity.....Tame Your Email Habit!

The most dramatic, effective way to boost your productivity is to completely avoid e-mail for the first hour of the day. Instead, devote that first hour every day to your most critical task. When you devote your first hour to concentrated work—the day starts with you in charge of it rather than the other way around. It's a bold statement to the world (and yourself) that you can take control, pull away from the frenetic pace, and create the time for quiet work when you need it...Think about it: E-mail is really nothing but a bunch of interruptions and distractions that appear in your in box without an invitation. Even checking your e-mail for a minute is a surefire way to open up all the different drawers of your brain and immediately distract your mind with a zillion other issues. Once that happens, prolonged concentration on anything, critical or not, is nearly impossible.

*Taken from: Never Check E-mail in the Morning: And Other Unexpected Strategies for Making Your Work Life Work\* by Julie Morgenstern.*

## Consider Joining an MCEG Committee

Are you looking to try something new? Are you interested in connecting with new people? Are you interested in making a difference to others in your industry?

If you answered yes to any of these questions, then please consider volunteering for an MnCEG Committee. Whether it is helping plan educational sessions for events, assisting at the conference or a scholarship event, or helping to recruit new members, your skills and enthusiasm is needed! These opportunities are open to all members, including those facility professionals as well as our business members. It is a great way to meet new people, and make a difference. We also have a lot of fun, too!

Time commitments vary depending on the task, and range from helping out at the registration table at an event, to serving on a committee that meets multiple times during the year. For more information, please contact the MnCEG office.

